

FUTURE DREAMING

What if it all works out better than you ever imagined?

When answering the following questions, please think of your physical wellness, your mental wellness, your emotional state, your relationships with others and your relationship with yourself:

What do you love about your life today?

How could you add more joy to your life?

What do want to be different in your life one year from today?

What is your best possible vision of your life five years from today?

What would your ideal life look like 10 years from today?

